

Anand Pharmacy College, Anand celebrated the World Heart Day by organizing “Healthy Heart Awareness Program” during 19-29th Sept, 2022 in association with International Academy of Cardiovascular Sciences (IACS)-India section, supported by All India Council for Technical Education (AICTE), coordinated by IACS members Dr. Tejal R. Gandhi and Ms. Navdha J. Vyas. A series of cardiovascular-related deaths among adolescent, high-profile Indian public figure in the last few years has turned the focus on this group of ailments. Heart problems among Indians have just about doubled in the last period and it is now troubling the young too, keeping this on a view the aim of this program was to spread the awareness about various heart-related diseases and healthy way to live a life diseases free with few small and smart steps. The awareness program was organized in a five different secondary and higher secondary schools of Anand, Gujarat, India during 19th September to 29th September, 2022. Total 275 students were enlightened in this program. Lastly, questions from the session was also tested and students were motivated with useful rewards.



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